



ANNUAL REPORT JULY 1, 2018 – JUNE 30, 2019

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PRESIDENT'S MESSAGE, Joseph L. "Larry" Shea, Jr



It is with great appreciation and gratitude that we present the FY 2018-19 JLAP Annual Report.

In the last year, JLAP directly provided valuable clinical and educational services to over 3,000 members of the profession. JLAP serviced 871 open clinical files and conducted CLE and other educational JLAP presentations on JLAP well-being and wellness that reached a collective audience of over 2,500 this year. The impact of JLAP's services improves the health and careers of literally thousands of Bar members each year.

The bottom line: Louisiana's JLAP continues to provide excellent life and career saving services as one of the top peer-professional support programs in the nation. JLAP also continues to experience a powerful and positive trend of growth in the numbers of totally confidential cases.

In addition to providing confidential assistance to bar members who are experiencing an addiction or mental health issue, JLAP is also providing effective wellness and well-being support to the entire profession. In keeping with national emerging trends regarding the need to improve lawyer well-being, wellness and life balance in the profession, JLAP conducted scores of presentations, published articles, and maintains its comprehensive JLAP website to fully educate the profession about best practices for stress reduction and self-care. Without exception, all members of the Bar (and the public it serves) benefit from increased lawyer well-being.

As to JLAP's professional recovery monitoring services, JLAP participants enjoy one of the highest no-relapse recovery rates of any program in the nation. This year JLAP's monitoring participants benefited from a **ninety-six percent (96%) no-relapse success rate**. As such, JLAP's four-year average no-relapse success rate is now 95.25%. Accordingly, JLAP's success rates are reliable and repeatable. Formal JLAP monitoring consistently saves lives and dependably supports fitness-to-practice in recovery at a level that protects the public.

JLAP is extremely grateful for the support that it receives from all stakeholders and its volunteers in the profession. Without your strong funding and statewide volunteer support, JLAP's progress would not be possible. We look forward to next year and encourage everyone to get involved and support Louisiana's JLAP. Together we are all making a real difference in the wellness and well-being of judges, lawyers, law students, and the family members of anyone who is a member of the Bar.

Please get involved and support Louisiana's JLAP!

EXECUTIVE DIRECTOR'S MESSAGE, Buddy Stockwell



JLAP's FY 2018-2019 has ushered in an unprecedented focus, both nationally and locally, on Lawyer Wellness and Well-Being initiatives. The mission is to promote work/life balance, good wellness practices, and self-care for ALL legal professionals to help reduce stress and improve the quality of life for everyone who practices law. By so doing, it can at the outset reduce the probability that any given legal professional will develop serious issues with alcohol/substance use, depression, or anxiety.

In this vein, JLAP has refined several CLE presentations this year, such as *"The Professional Duty of Self-Care"*, *"The Path to Lawyer Well-Being"*, and *"Well-Being in the Legal Profession."*

These new wellness presentations have nothing to do with addressing alcohol, addiction or mental health issues. On the contrary, these presentations support literally all members of the profession by providing lawyer-specific information, tools and resources about stress and self-care that were not learned in law school but can readily reduce stress and improve the personal and professional experiences of every single bar member without exception.

The positive feedback to JLAP's wellness and well-being products this year has been amazing. As will be highlighted later in this report, bar members far and wide and from all corners of the profession have derived great benefit from JLAP's educational and clinical services.

On a whole other front, it is a major milestone that the Ed Blewer Assistance Foundation, Inc. has been incorporated as a 501(c)(3) non-profit corporation and is now operational. Its mission is to provide financial support to lawyers and judges who find themselves in need of a scholarship and/or financing to help them complete JLAP-facilitated and approved clinical help. This new foundation exclusively supports participation in JLAP helping to support a path back to health and fitness-to-practice through JLAP.

Also new for this year and receiving excellent feedback is "Camp JLAP", a new retreat program for JLAP participants and volunteers. The program develops and enhances the statewide fabric of fellowship among judges, lawyers, law students and JLAP participants and volunteers.

JLAP never rests. Each year we expend full effort to improve and refine our professional clinical and educational services so as to provide the very best available. But it is only possible through strong support from the legal profession. JLAP is extremely grateful for your support!

JLAP BOARD of DIRECTORS



Joseph L. "Larry" Shea, Jr., President

Larry Shea, a founding member of the firm Bradley Murchison Kelly & Shea, LLC, has been practicing law for over 40 years.

His professional experience includes extensive litigation representing various businesses, numerous oil and gas producers, and pipelines in matters ranging from environmental complaints to oil field operations to contract disputes to ownership issues. He also has considerable experience in non-litigation matters, including oil and gas leasing and operations, exploration and production joint ventures, and business operations, formations, and acquisitions.

Mr. Shea has been a very active member of the LSBA and served as the President for the year 2014 – 2015. In 2002, he received the LSBA President's Award for Exceptional Service. He has also served in various leadership and member roles in the LSBA House of Delegates and numerous LSBA Committees. Mr. Shea was an Adjunct Professor of Business Law in the School of Business at Centenary College from 1998 – 2010. He was a member of the Louisiana Attorney Disciplinary Board from 1995 – 2002 and served as Chairman in 2002. For a complete list of Mr. Shea's extensive service to the profession, please visit this link: www.bradleyfirm.com/staff/sheajr.



Donald C. Massey, Vice-President

Donald "Don" Massey is General Counsel and Chief Legal Officer for Delta SubSea, LLC, which specializes in deep-water, subsea construction and ROV operations. Based in the Conroe, TX area, Delta SubSea is a multinational group of companies, with operations spanning the globe, from Trinidad and the South Atlantic, to Canada, the Middle East, Africa, the Pacific Rim and China. Mr. Massey is based in New Orleans.

In addition, Mr. Massey is Of Counsel with Couhig Partners, where he maintains an active business and litigation practice, focused on product liability, motor carrier and class action/complex litigation. Mr. Massey is often First Chair for cases in multiple jurisdictions. He has a broad range of civil and criminal trial experience and has served as liaison counsel in multiple major class-action, mass-tort cases. He also has appellate experience in all Louisiana appellate courts, the US Fifth Circuit Court of Appeals, and the US Supreme Court. Also, Mr. Massey has been called upon by Courts to serve in Special Master and Court Compliance Officer roles in class action and complex litigation. For a complete list of Mr. Massey's extensive service to the profession, please visit this link: <http://www.couhigpartners.com/donmassey.html>.



Alainna R. Mire, Treasurer

Alainna R. Mire is the chief resilience officer and an assistant attorney for the City of Alexandria and a former human resources director. She received a BA degree in political science in 2000 from Louisiana State University and her JD/BCL degree in 2004 from LSU Paul M. Hebert Law Center. She was admitted to practice in Louisiana in 2004.

Alainna served as Louisiana State Bar Association secretary and Louisiana Bar Journal editor from 2015-17. She also served as LSBA Young Lawyers Division chair, chair-elect, secretary and District 6 representative. She served on the LSBA's Board of Governors as House of Delegates Liaison Committee chair.

A former officer of the Central Louisiana Pro Bono Project and chair of the Alexandria Bar Association's Young Lawyers Council, she is a member of the Alexandria Bar Association, the ABA and co-chair of the Louisiana Bar Foundation's Membership Committee. She is a former chair of the United Way of Central Louisiana. For a complete list of Ms. Mire's service to the profession, please visit this link: <https://www.lsba.org/BarGovernance/BoardMember.aspx?BOG=259>.



Honorable Rachael D. Johnson, Secretary

Honorable Rachael D. Johnson is the Div. B District Court Judge for the Orleans Parish Civil District Court. She received a B.A. degree in Psychology from Spelman College in Atlanta, a Master's in Social Work from Smith College, and a law degree from Tulane in 2005.

Prior to being elected to the bench, her experience includes serving as Senior Staff Attorney with the Law Offices of Julie Vaicius; as an Asst. City Attorney with the City of Riviera Beach, FL; and with Gary, Williams, Finney law firm in Stuart, FL. representing hundreds of plaintiffs in Vioxx litigation, personal injury and wrongful death cases.

In both leadership and service roles, Judge Johnson has been involved over the years in numerous associations including the Juvenile Litigation Law Clinic, Black Law Students Association, Louis A. Martinet Legal Society, Louisiana State Bar Association Board of Governors, the Board of Directors of the Louisiana Association of Defense Counsel, the New Orleans Bar Association, the A. P. Tureaud Chapter of the Inns of Court and the National Bar Association and the Executive Board of the New Orleans Chapter of the Links, Inc. For a complete list of Judge Johnson's extensive service to the profession, please visit this link: <http://www.orleanscdc.com/divb1.html>.

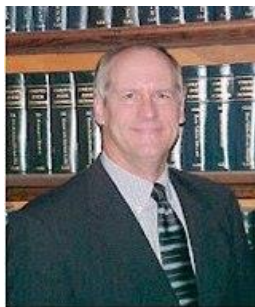


Honorable Ivan L.R. Lemelle

Senior Judge Ivan L.R. Lemelle, a native of Opelousas, Louisiana., came to New Orleans in 1967 to attend Xavier University of Louisiana. He graduated with honors from Xavier in 1971 and Loyola University School of Law in 1974.

During law school, he held law clerkships with Judge Robert F. Collins, New Orleans Legal Assistance Corp. (NOLAC), Thierry & Gerdes (successor to Tureaud & Morial firm), and Fifth Army Judge Advocate General Corps in San Antonio, TX. After law school, Judge Lemelle practiced as an Assistant District Attorney in New Orleans, then as member of Douglas, Nabonne & Wilkerson law firm, and with additional service as Assistant City Attorney for the City of New Orleans.

From October 3, 1984 to 1998, he was U.S. Magistrate Judge for the U.S. District Court for the Eastern District of Louisiana. That appointment made him the first African American U.S. Magistrate Judge in Louisiana federal courts and only the sixth in the Nation. In 1998, President Clinton appointed Judge Lemelle to the position of United States District Judge. He attained Senior Judge status in June 2015. He has enjoyed service with numerous civic, fraternal and professional organizations. For a complete list of Judge Lemelle's extensive service to the profession, please visit this link: <https://www.fjc.gov/history/judges/lemelle-ivan-l-r>.



C.A. "Hap" Martin III

Clarence A. "Hap" Martin, III born in Orlando, Florida, April 19, 1955; admitted to bar, 1980, Louisiana. Education: Louisiana Tech University (B.S. Civil Engineering, 1977); Louisiana State University (J.D., 1980). Phi Delta Phi. Louisiana Section on Insurance, Negligence, Compensation and Admiralty Law (Member of Executive Council 1988 – Present, Chairperson 1991-1992); Mediation Training (Basic 1996, Advanced 1998); Arbitration Training (2002).

Member: Fourth Judicial District, Louisiana State and American Bar Associations; Louisiana Association of Defense Counsel; Judge Fred Fudickar Chapter of the American Inns of Court (Sec.-Treas. 1999-2003). Practice Areas: Civil Litigation; Trial Practice; Appellate Practice; Commercial Law; Contracts; Corporate Law; Creditor Bankruptcy; Employment Law; Products Liability; Personal Injury Law; Real Estate; Mediation; Arbitration. For a complete list of Mr. Martin's extensive service to the profession, please visit this link: www.shotwell-law.com/attorneys.htm.



Dian Tooley-Knoblett

Dian Tooley-Knoblett is the Jones-Walker Distinguished Professor of Law at Loyola New Orleans College of Law. She received her J.D. from LSU's Paul M. Hebert Law Center in 1980, where she served as Executive Editor of the Louisiana Law Review and graduated Order of the Coif. Before joining the Loyola faculty in 1984, she served as law clerk to Chief Justice John A. Dixon Jr. of the Louisiana Supreme Court and was an attorney in the legal department of Shell Oil Company. She has taught over twenty common and civil law courses at Loyola, with publications in the areas of Louisiana property, sales and leases, community property, and conflict of laws.

Since 1987 she has actively participated in law reform in Louisiana by serving as a member of the Council of the Louisiana State Law Institute and as a member of over thirty law reform advisory committees that have drafted legislation, principally revisions of Louisiana's Civil Code. She is the lead editor of the tenth edition of Yiannopoulos' Civil Law Property Coursebook and is co-author of a West treatise on Louisiana Civil Law Treatise on Sales, and an Aspen coursebook on Secured Credit. For a complete list of Ms. Tooley-Knoblett's extensive history of dedication and service to the profession, please visit this link: <http://law.loyno.edu/bios/dian-tooley-knoblett>.

I. JLAP MISSION STATEMENT

The Judges and Lawyers Assistance Program, Inc. (JLAP) is a 501(c)(3) non-profit corporation that serves the public, the Bar and the profession by assisting, on a confidential basis, judges, lawyers, law students, and bar applicants whose professional impairment may stem from substance use disorders or other mental health issues. JLAP also provides assistance to family members of judges and lawyers.

JLAP is first and foremost an absolutely confidential method of providing life-saving help. By state statute and by state supreme court rule, any information received by the JLAP staff or LSBA Alcohol and Drug Abuse Committee member is absolutely privileged and confidential. JLAP also serves both the public and the profession by helping to protect the public from the damage impaired lawyers and judges can cause.

JLAP is meeting the challenge to provide increasingly comprehensive and effective mental health assistance to the Louisiana legal profession and their family members. JLAP is a specialized *professionals' program* that offers assistance with all types of mental health issues.

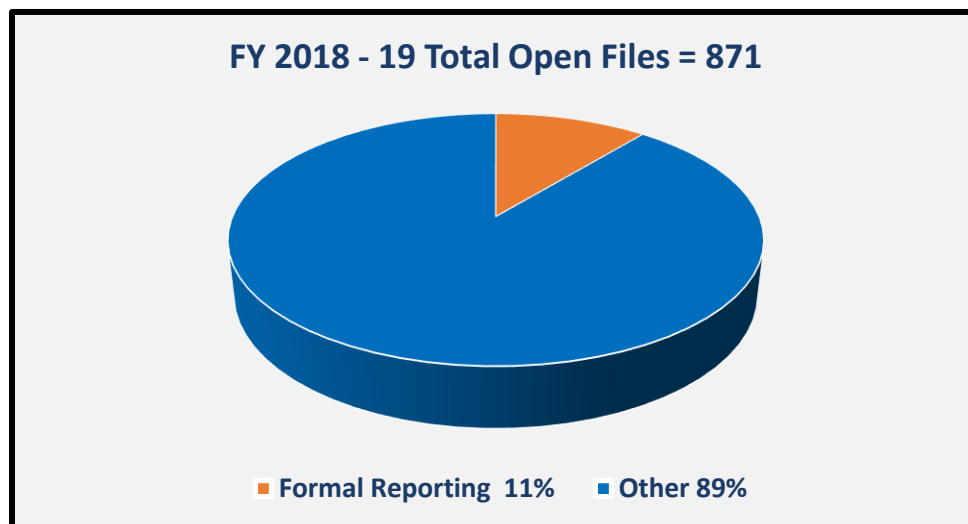
II. JLAP OPERATIONS STATISTICS 2018-2019

Pursuant to JLAP's 2015 Performance Audit, last year JLAP compiled relevant operating statistics throughout the year as follows:

1) JLAP Case Load

For FY July 1, 2018, through June 30, 2019, JLAP maintained 871 open client files.

Of the 871 open client files, only 11% of those involved formal monitoring and reporting in disciplinary and bar admissions matters. As such, 89% of JLAP's work involved cases that are confidential in nature, including those that involve totally voluntary assistance with no other entities involved, or cases that may have involved other entities such as discipline, bar admissions, or law firms but that were resolved confidentially and discretely through JLAP's assistance.



2) Relapse Statistics

Of the 125 total participants under monitoring this year, only five (5) participants relapsed while under contract in FY 2018-2019. A ratio of 5 out of 125 demonstrates a 4% Relapse Rate for the FY 2018-2019 and thus renders a **96% relapse-free success rate under JLAP monitoring this year.**

JLAP's exceptional no-relapse rates are established and reliable. JLAP's recent multi-year no-relapse average is as follows: 2015-16: **94%**; 2016-17: **97%**; 2017-18: **94%**, and 2018-19: **96%**

As such, **JLAP's multi-year no-relapse rate average is 95.25%.** JLAP's monitoring program has been recognized by national experts as producing astonishingly successful recovery rates that are among the highest anywhere in the field of addiction treatment.

Of the 5 relapses in FY 2018 - 2019, three were referred straight to treatment.

- One participant successfully completed and returned to JLAP monitoring.
- One declined being treated at a JLAP-approved facility and was administratively discharged from monitoring.
- One declined treatment outright and was administratively discharged from JLAP monitoring.

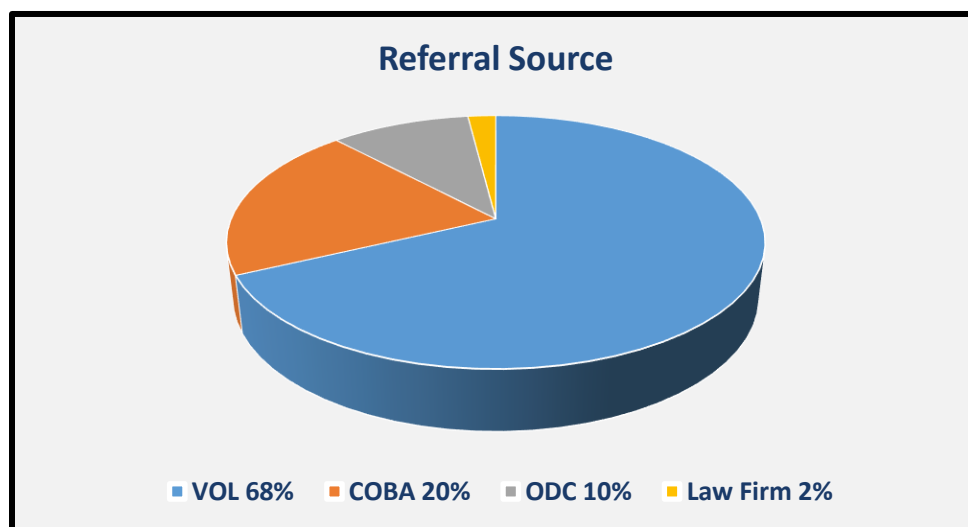
Two were referred for multidisciplinary inpatient professional assessment. Both completed the assessment process but declined the recommendations of return to treatment and were administratively discharged from JLAP monitoring.

Of the five relapses, three were detected by self-report and two were detected through random drug/alcohol testing.

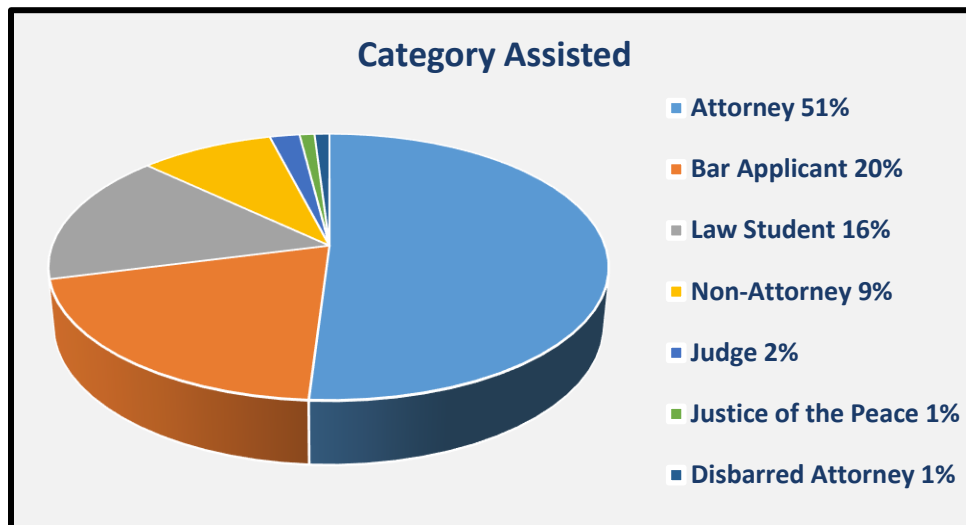
It is of moment to note that there has never been a report of any client harm or harm to the public in JLAP relapse cases wherein the person cooperated with JLAP's clinical recommendations and remained fully compliant. It is additionally noteworthy that under JLAP monitoring, most relapses are detected quickly due to JLAP's effective drug and alcohol screening protocol combined with JLAP-trained peer-support monitors, close supervision, and recovery activity requirements. Thus, both the health interests of the participant and the public's need for protection are served.

3) Referral Sources to JLAP

In FY 2018 – 2019, JLAP opened 160 new client files. The following charts indicate referral sources and types. Of the 160 new client files, 68% were classified as voluntary files. A file is considered voluntary if there was no referral. Examples of these are individuals who heard of our services through JLAP CLE presentations or found us via JLAP's website. 20% of JLAP's referrals came via the Committee on Bar Admissions as Bar applicants who have been flagged for evaluation due to conduct. 10% of JLAP's referrals were via the Office of the Disciplinary Counsel, and 2% were referred by a law firm.



The following chart shows the status of the individuals who reached out for JLAP's services:



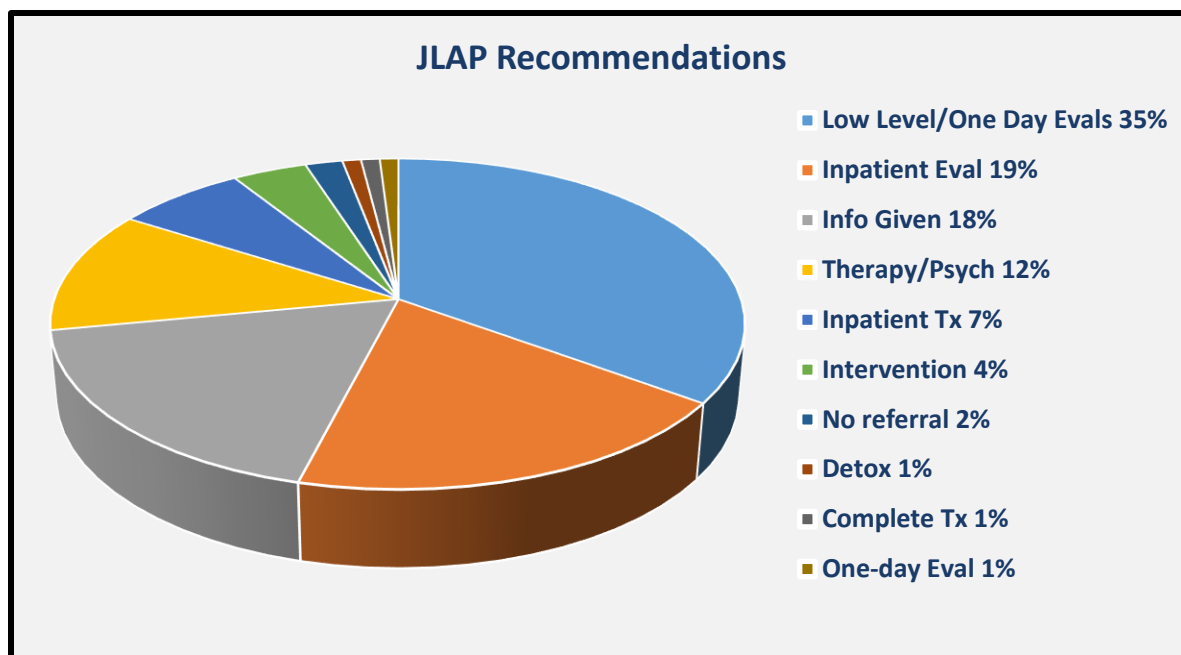
Of course, when a life and career is restored in total privacy and before severe consequences and damages have occurred, it saves not only the person but greatly benefits: their family; friends; immediate professional peers; every single stakeholder and entity in the legal profession; the person's law office, staff and clients; and, the public at large by ensuring that the public's trust in that person and in our legal profession is reliably honored.

As such, when just one person receives successful confidential help from JLAP, there are literally scores of other persons and entities benefitting indirectly and in large measure from JLAP's assistance to that single person. It is this realm of services that JLAP's mission is fulfilled at the very highest level.

4) JLAP Recommendations

When a person seeks JLAP's help or is referred to JLAP, the first step is to determine the appropriate level of evaluation or assessment that is needed to objectively and reliably rule out or diagnose mental health and/or substance use issues. Via clinical intake, JLAP's professional Clinical Staff determines the clinically indicated level of JLAP-facilitated evaluation or assessment, all within the clinical standards applicable to licensed professionals.

The following chart indicates JLAP's clinical referrals and responses for new cases in the FY 2018 – 2019:



A) Low-Level Evaluations

The majority of JLAP's participants begin with a low-level evaluation. Last year there was a total of 56 participants referred for low level evaluations initially. The following demonstrates the outcome recommendations from those evaluations:

- No recommendations – 22 (39%)
- Bumped to inpatient eval – 8 (14%)
- Bumped to one-day evaluation – 2 (4%)
- Individual therapy – 4 (7%)
- Not scheduled – 16 (29%)
- Monitoring – 3 (5%)
- Intensive outpatient program – 1 (2%)

B) Low-Level Evaluations Converted to Inpatient Assessments

There was a total of 56 participants referred for low level evaluations. Eight (8) received a referral for an additional inpatient assessment as a result of the low-level evaluation. The following demonstrates the outcome recommendations of the inpatient assessments:

- Referred for inpatient treatment – 2
- Not yet scheduled for assessments – 4
- Intensive Outpatient Program – 1
- Scheduled – 1

C) Multidisciplinary Inpatient Professional Assessments

Thirty-one (31) participants were referred straight to an inpatient assessment by JLAP clinical staff. The following demonstrates the outcomes of those referrals:

- Participated in the inpatient assessment – 10
- Did not participate – 21

Of the 10 that attended the evaluation; 6 went to inpatient treatment, 1 attended an Intensive Outpatient Program, 1 was referred for JLAP monitoring having already completed treatment, 1 had no recommendations and 1 outcome is unknown due to the individual revoking the release.

D) Conversion Rates

The internal status of cases at JLAP can and do change depending on what circumstances and events are concurrently developing externally and independently from participation in JLAP. For example, a voluntary participant may reach out confidentially to JLAP and be receiving JLAP's support in total privacy and doing well in addressing their mental health issues through JLAP. But, at some certain moment and wholly unrelated to confidential JLAP participation, some third party may unilaterally enter the picture and place independent demands upon the JLAP participant.

Conversely, outside pressure can come to bear due to a client filing a complaint with the Office of the Disciplinary Counsel, the client being referred to JLAP as a bar applicant, or by some other third party demand such as when an employer may discover a malpractice problem that emanated from the prior impairment of an employee and that pre-dated the person's involvement in assessment, treatment, and recovery in JLAP. These cases can also change and become voluntary cases when an individual comes back to JLAP for help in the future.

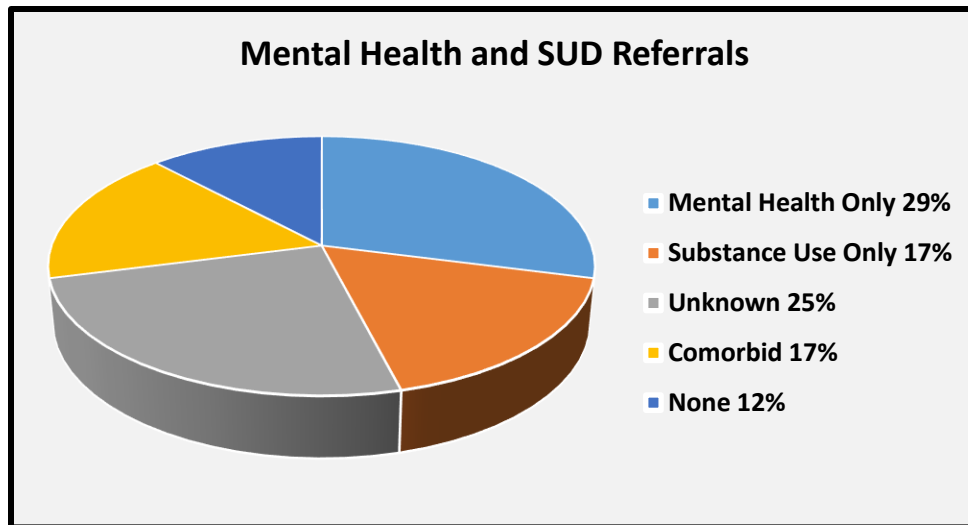
At that point, the JLAP participant, **and only the participant**, decides if it is in his or her best interest to waive confidentiality so that JLAP can report that they sought JLAP-approved assistance and are JLAP-compliant. JLAP compliance is not a defense to unethical conduct, but it can serve in some cases as a powerful mitigating factor as to disciplinary consequences.

The following are conversions in JLAP case classification in FY 2018-2019:

- Voluntary to ODC: 5
- Voluntary to COBA: 4
- COBA to Voluntary: 2
- ODC to Law Firm: 2
- Law Firm to COBA: 1

E) Mental Health Statistics

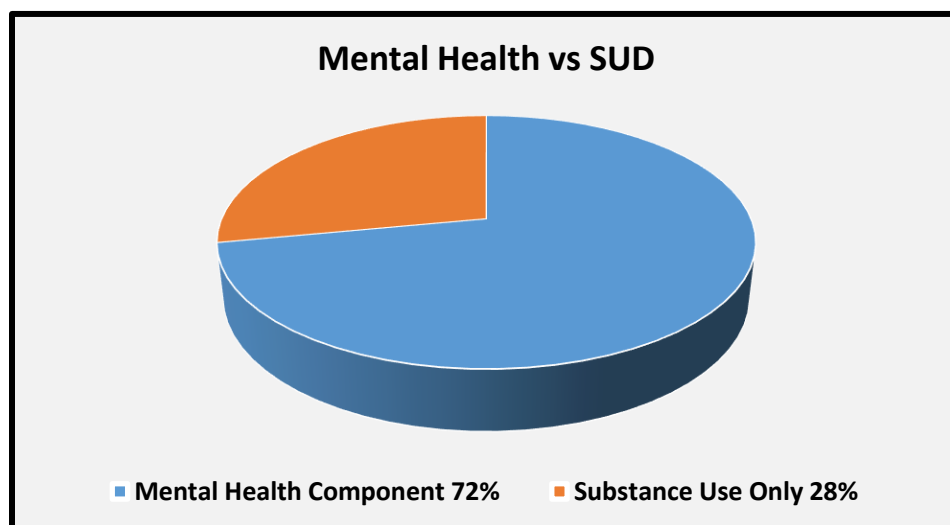
Below is a breakdown of the 160 new cases as it relates to mental health. The "unknown" category reflects individuals who have not yet attended their formal evaluation/assessment, or they are individuals who attended the evaluation/assessment and revoked their release, precluding JLAP from obtaining the results. "None" indicates the person completed the evaluation/assessment and received a finding of "no recommendations" thus clearing them from any interventions requiring further JLAP involvement.



Of those individuals identified in the above graphic as having a substance use disorder (SUD), mental health issue, or comorbid disorder, only 17% were identified with a straight substance use disorder as indicated by the graphic below.

This reflects the profession's increasing understanding and awareness that JLAP is a comprehensive mental health services provider that is NOT LIMITED to assisting with only alcohol and drug issues only.

On the contrary, more and more people are reaching out to JLAP for help with pure mental health issues such as depression, anxiety, bipolar disorder and other mental health needs that have nothing to do with alcohol or drug issues.



III. JLAP SERVICES AND ACTIVITIES

1) The Evolution of JLAP

In the last decade, JLAP and other professional peer-support programs for licensed professionals have evolved into complex and highly specialized, comprehensive clinical programs. The success of these programs in protecting the public and establishing fitness-to-practice has dramatically improved due to a series of breakthroughs. JLAP has benefited from both external and internal developments as follows:

2013: The American Society of Addiction Medicine (ASAM) published its “Persons in Safety-Sensitive Occupations” clinical guidelines for Safety Sensitive Workers (doctors, nurses, lawyers, airline pilots, etc.). These new clinical standards and guidelines set forth the level of clinical protocols that are required to protect the public and ensure fitness to practice a safety sensitive profession;

2015: JLAP completed the most thorough and arduous internal Performance Audit ever conducted on any professionals’ program in any realm, and JLAP was certified as a top program. Recommendations were made to JLAP and the Court to move JLAP forward, end controversy, and fully support JLAP’s clinical operations as the Court’s specified monitoring authority;

2016: The ABA published study *The Prevalence of Substance Use and other Mental Health Concerns Among American Attorneys*, exposed the truly alarming rates of depression, anxiety, and substance use disorders in the legal profession;

2017: In direct response to the 2016 ABA study, the ABA published another report “*The Path to Lawyer Well-Being: Practical Recommendations for Positive Change*” that recognizes “state-based lawyer assistance programs are indispensable partners in efforts to educate and empower the legal profession to identify, treat, and prevent conditions at the root of the current well-being crisis, and to create lawyer-specific programs and access to treatment” (Page 14). State LAPs should be stably funded and organized, and be the monitoring provider (Page 45, *et seq.*). The report recommends that all stakeholders in the profession should partner specifically with the state LAP and ensure stable funding for the LAP.

2018: JLAP obtained a “2018 Supplement to the 2015 JLAP Audit” to define “Diagnostic Monitoring” and also to obtain expert opinions on the suitability of private drug-screening companies inviting respondents to utilize those private for-profit services instead of JLAP. The 2018 Audit Supplement was clear in its recommendation that “the authority to decide the requirements of any monitoring contract should rest with the JLAP” and not private companies selected by respondents and their defense attorneys. Moreover, the supplement restated the 2015 Audit recommendation that the Court Amend Rule XIX 24(E)3 to specify that in lawyer disciplinary matters JLAP is the path through which respondents must pass to be reinstated or readmitted in cases wherein substance use disorders are a causative factor in misconduct.

2) The Louisiana Supreme Court Amends Rule XIX Section 24E3 to Specify JLAP

Completing the evolution of JLAP as a full-service peer-support professionals' program, on November 21, 2019, the Louisiana Supreme Court issued an order amending Rule XIX, Section 24E3 to specify that in lawyer disciplinary matters JLAP is the path through which respondents must pass to be reinstated or readmitted in cases wherein substance use disorders are a causative factor in misconduct.

The amendment reflects recommendations made by the national experts in both the 2015 JLAP Performance Audit and the 2018 Audit Supplement. It is also a straightforward codification of thirty years of Louisiana Supreme Court jurisprudence endorsing JLAP, beginning with the watershed case *Louisiana State Bar Association vs. Arthur F. Dumaine*, 550 So.2d 1197 (La. 1989) wherein the Court ordered the LSBA committee that would create JLAP to provide the Court with expert, independent, objective and reliable data regarding the diagnosis, treatment and recovery of respondents in substance abuse cases.

The Court's amendment of Rule XIX, Section 24E3 will not only ensure that the public is appropriately protected from the harm that an impaired lawyer can cause, it will also save more lives and careers among those attorneys who have fallen victim to the diseases of alcoholism and addiction.

3) JLAP Volunteers and Formal Monitor Training

Louisiana JLAP's programming success emanates from the synergy of many collective advantages and efforts that are totally unique to JLAP. Endorsements from the Louisiana State Legislature, Louisiana Supreme Court and Louisiana State Bar Association consistently specify JLAP as the recognized program for our legal professionals, and JLAP's professional clinical staff is zealously supported by national experts in the mental health field.

Equally crucial, however, is the indispensable support provided by JLAP's volunteers in recovery who participate in JLAP monitoring and interventions and provide "peer-to-peer" support consisting of help from another lawyer who has personally experienced and overcome the same challenges.

JLAP provides formal, specialized training to all its Recovery monitors. The tremendous and positive impact of JLAP volunteer peer-support across this state is not visible to the public or the profession. Instead, behind the scenes, JLAP's volunteers dedicate tremendous effort to support a vibrant *community* of support that is found only within JLAP's sphere.

In FY 2018-2019, JLAP volunteers delivered approximately 4,500 hours of peer-support while monitoring other lawyers, judges, law students and Bar applicants benefitting from JLAP Recovery Agreements. Based on an average hourly legal service rate, the monetary value of those services is \$1,125,000!

4) Ed Blewer Assistance Foundation

JLAP has created a complete best-practices system to help impaired judges, lawyers, law students, and bar applicants. In order to help make JLAP-approved evaluations, assessments, and treatment available to those under financial hardship, the Ed Blewer Assistance Foundation (EBAF) has been independently established to aid in providing funding exclusively to support JLAP compliance for those who qualify. Those who do not have insurance or are otherwise resource-limited can apply to the new Ed Blewer Assistance Foundation (EBAF) and receive financial help for JLAP-approved services.

This new foundation was incorporated in May of 2019, with George Pierson, Mark Surprenant, Lynn Luker, J.R. Clary, Jr. and Kervin Doyle as organizing board members. EBAF is modeled after foundations that have already been established in other states to support the utilization of services by their state's LAP.

5) JLAP in the Law Schools

In recent years, the entire legal profession has become more aware of the true nature of serious mental health concerns among us. The 2016 ABA Study entitled, *The Prevalence of Substance Use and Other Mental Health Concerns Among American Attorneys*, verified that legal professionals suffer high rates of mental health and substance use disorders. But there was one finding of the report that *no one saw coming*: law students and young lawyers have become the most likely victims of alcohol and drug use issues.

We also know that in professional schools, such as law and medicine, there has been an increase of students abusing amphetamine drugs, like Adderall, to study longer and supposedly gain an edge, only to end up in some cases with an addiction problem rather than an academic advantage.

While unanswered questions remain, one thing is crystal clear: of all the stakeholders and populations that JLAP currently serves, law students are a high priority and JLAP will help ensure that they are fully informed about wellness, mindfulness, and the duty of self-care.

Of course, law students and young lawyers need to be very familiar with JLAP's confidential services. If they or one of their peers is suffering, they must be afforded every opportunity to obtain totally privileged and confidential help and support from JLAP's professional clinical staff and receive the highly specialized and successful support that JLAP provides.

JLAP continues to focus efforts toward increasing its services and presence at Louisiana's four law schools. At no cost to the school or its students, these are examples of JLAP's enhanced law school services:

- JLAP presentation to the student body each year by JLAP and/or a JLAP-hosted national expert on various topics and recent developments in law student and lawyer wellness.

- JLAP presentation once a semester in individual professionalism classes to provide additional information on JLAP's services and the Bar application process.
- JLAP-hosted "Lunch and Learn" sessions with faculty, staff and anyone who has direct contact with law students to provide education on the unique nature of law student mental health.
- JLAP training to help foster a comfortable and confident line of communication between law school faculty for easy access to JLAP's support.
- JLAP-facilitated meditation and mindfulness courses that encourage student self-care and the development of healthy habits.
- JLAP office hours twice a semester wherein a JLAP professional counselor travels to the school and offers free, confidential professional clinical support to individual students.
- Encouraging responsible use of alcohol by providing drink tickets at law school functions to limit excessive alcohol consumption while still engaging in school sponsored events.
- Collecting student feedback regarding well-being and mental health to help identify the ongoing, unique needs of law students.
- Promoting law student access to JLAP's Lawyer-only 12-Step meetings as needed.
- Promoting a student mental health newsletter that encourages appropriate self-care and educates students about their own unique needs during law school and after they become a licensed attorney.
- Utilizing all efforts in such a way that reduces the stigma associated with mental health issues and a need for self-care.

JLAP interacts with all four law schools in Louisiana and the response has been very positive. JLAP is providing many of the recommended services and together we are all making a difference.

In FY 2018-2019, JLAP's Clinical Team participated in the following onsite law school events:

| <u>EVENT</u> | <u>DATE(S)</u> | <u>LOCATION</u> |
|---|-----------------------|---------------------------------|
| Student Introduction to JLAP Services | 08/29/2018 | Southern University Law Center |
| Clinical Support Office Hours | 09/18/2018 | Tulane University School of Law |
| Wellness Meditation Sessions | 09/19/2018 | Southern University Law Center |
| Wellness Wednesday | 10/03/2018 | Tulane University School of Law |
| Law School Mental Health Wellness Day | 10/10/2018 | Southern University Law School |
| Women in Law Society Panel Discussion | 10/16/2018 | Tulane University School of Law |
| Wellness Wednesday Mindfulness Sessions | 11/07/2018 | Tulane University School of Law |
| Clinical Support Office Hours | 11/13/2018 | LSU Paul M. Hebert Law Center |
| Clinical Support Office Hours | 11/14/2018 | Southern University Law School |
| Clinical Support Office Hours | 11/15/2018 | LSU Paul M. Hebert Law Center |
| Clinical Support Office Hours | 12/10/2018 | Tulane University School of Law |
| Clinical Support Office Hours | 01/23/2018 | Tulane University School of Law |
| Wellness Wednesday | 01/30/2019 | Tulane University School of Law |

| | | |
|-------------------------------|------------|---------------------------------|
| Clinical Support Office Hours | 03/13/2019 | Tulane University School of Law |
| Clinical Support Office Hours | 04/11/2019 | LSU Paul M. Hebert Law Center |
| Clinical Support Office Hours | 04/16/2019 | Tulane University School of Law |

It is JLAP's hope that increased support services will enhance students' willingness to adopt new and unprecedented levels of self-care practices that legal professionals need. Whatever the outcome, JLAP will continue to be there and provide specialized, professional clinical support to the law students and faculties of all four of our fine Louisiana law schools.

6) **JLAP CLE Presentations: JLAP Directly Interacts with Thousands Each Year**

JLAP is very grateful to state and local bar associations, courts, inns of court, law sections, regulatory agencies, disciplinary agencies, and law schools who invited JLAP to participate in CLE programs and presentations, both locally and nationally.

Each year, JLAP directly improves the lives of thousands in our profession by providing in-person educational programs on wellness, well-being, professionalism and ethics. The most effective mode of communication between JLAP and the members of the profession occurs when JLAP interacts personally with live audiences and via personal follow-up conversations.

In the FY 2018-2019, JLAP's presentations reached a collective audience of over 2,500 people.

JLAP's Executive Director participated in the following programs:

| <u>EVENT</u> | <u>DATE(S)</u> | <u>LOCATION</u> |
|--|-----------------------|------------------------|
| 1 st Annual Camp JLAP | 07/13 – 07/15/2018 | Loranger, LA |
| LSBA Stress Workshop | 07/20/2018 | New Orleans, LA |
| ACLEA 2018 Annual Meeting | 07/29/2018 | Portland, OR |
| 22 nd JDC Bar Assoc. Criminal Law All Day CLE | 09/07/2018 | Covington, LA |
| 2018 National CoLAP Conference | 09/26/2018 | Charleston, SC |
| LSU Law School Mike Walsh's Class | 10/08/2018 | Baton Rouge, LA |
| Fall CLE Seminar for Security Title Guarantee Corp | 10/15/2018 | Lake Charles, LA |
| LSU Law School JLAP Presentation to 2L's and 3L's | 10/17/2018 | Baton Rouge, LA |
| Assoc of Legal Administrators Monthly Meeting | 10/18/2019 | Metairie, LA |
| LSBA Access to Justice 2018 Community Conf CLE | 10/19/2018 | Baton Rouge, LA |
| LSBA Fit to Practice CLE | 11/01/2018 | New Orleans, LA |
| Lake Charles PDO's John F. Lavern Memorial CLE | 11/08/2018 | Lake Charles, LA |
| SW Louisiana Law Center Inns of Court CLE | 11/13/2018 | Lake Charles, LA |
| National Business Institute CLE | 11/30/2018 | Baton Rouge, LA |
| LSBA Prove It! CLE | 12/04/2018 | New Orleans, LA |
| LSBA Pursuit of Balance CLE | 12/10/2018 | New Orleans, LA |
| Lafayette Bar Association CLE by the Hour | 12/11/2018 | Lafayette, LA |
| LSBA 30 th Annual Summer School Revisited CLE | 12/13/2018 | New Orleans, LA |

| | | |
|---|--------------------|------------------|
| Louisiana Judicial College Criminal Courts CLE | 12/14/2018 | New Orleans, LA |
| Billy King Ethics School | 01/25/2019 | New Orleans, LA |
| Tulane University Law School C&F Panel | 03/11/2019 | New Orleans, LA |
| LSU Law School Skip Phillip's Class | 03/13/2019 | Baton Rouge, LA |
| LSU Law School C&F Panel | 03/13/2019 | Baton Rouge, LA |
| Tennessee Annual Camp TLAP | 04/04 – 04/06/2019 | Nashville, TN |
| LSBA Solo, Small Firm and Tech Conf CLE | 04/09/2019 | New Orleans, LA |
| Southern Law Center C&F Panel | 04/12/2019 | Baton Rouge, LA |
| Loyola University College of Law C&F Panel | 04/16/2019 | New Orleans, LA |
| LSBA Four Corners CLE Seminar | 05/01/2019 | Covington, LA |
| LSBA 59 th Annual Bridging the Gap CLE | 05/09/2019 | New Orleans, LA |
| LSBA Four Corners CLE Seminar | 05/15/2019 | West Monroe, LA |
| LSBA Four Corners CLE Seminar | 05/16/2019 | Bossier City, LA |
| LSBA Summer School | 06/02/2019 | Sandestin, FL |
| Lafayette 5 th JDC Juvenile PDO | 06/21/2019 | Lafayette, LA |
| 2019 Camp JLAP | 06/28 – 06/30/2019 | Loranger, LA |

7) **Camp JLAP**

In July 2018, JLAP held its first Annual Camp JLAP at the *beginning* of the fiscal year and a second Camp JLAP at the *end* of the fiscal year in June of 2019. These weekend retreat events keep pace with national best practices in promoting and supporting a strong network of legal professionals in recovery, and also professionals who support JLAP and well-being in the legal profession. The focus of Camp JLAP is to promote the fellowship and recovery within our statewide community of legal professionals.

The concept of a JLAP recovery-based “Camp” retreat originated years ago at the Tennessee LAP (TLAP). Several state LAPs have now added such a program to their annual agenda.

This style of event is extremely effective in facilitating and supporting our most important foundational element at JLAP: “*Lawyers Helping Lawyers.*” Professionals with a mental health issue must overcome not only their disease but also the guilt and shame they may be experiencing. Community with other peers is very effective in facilitating a shift away from dogged self-sufficiency and isolation, and instead toward openly accepting the situation and receiving strength through community and connection with others.

The larger and more-connected the JLAP community is, the greater the foundational strength of our collective recovery. Camp JLAP is the perfect venue to bring our statewide network of peer-professionals together and reinforce our personal and professional bonds in recovery.

While the Camp is informal, national experts attend and make presentations, coming from as far away as Atlanta, Chicago, and Tennessee. Educationally and clinically, Camp JLAP is a “state-of-the-art” event, while keeping the cost of attendance to a minimum. For those under severe

financial hardship, JLAP provides scholarships so that everyone who wants to be there can make it, regardless of their ability to pay a registration fee.

Presentations during the 2018 and 2019 retreats included:

July 13 – 15, 2018 Agenda

- ***JLAP and the LSBA's Committee on Alcohol and Drug Abuse: Working Together***
Craig Caesar – CADA Chair and Buddy Stockwell – JLAP Executive Director
- ***Pitfalls of Professionals***
Chip Dodd, PhD, LPC-MHSO and Phil Herndon, LPC-MHSP – JourneyPure
- ***Movement of Grace***
Jennifer Angier, MS, NCAC-II, CAC-II – Talbott Recovery
- ***How to Live in a Hurting World***
Julie Alleman, LPC, LMFT, LAC – Baton Rouge Christian Counseling
- ***Forgiveness in Recovery and Elsewhere***
Rev. Winston Rice
- ***JLAP and Rule XIX Disciplinary Matters***
Don Massey

June 28 – 30, 2019 Agenda

- ***Teamwork Saves Lives: JLAP and the LSBA's Committee on Alcohol and Drug Abuse***
Craig Caesar – CADA Chair and Buddy Stockwell – JLAP Executive Director
- ***Disarming the Defenses: Delving Beneath Resistance to Change***
Leah Claire Bennett, PhD – Pine Grove Behavioral Health
- ***Codependency: Revisiting Core Issues in Addiction Treatment***
Sam MacMaster, PhD – JourneyPure
- ***It's a Brain Disease...but where do we go from here?***
Navjyot Bedi, MD – Talbott Recovery
- ***JLAP and Early Sobriety...the Difference it Made in My Life***
R.J. Fonseca, Esq.
- ***JLAP Compliance as Mitigation in ODC Matters***
Damon Manning, Esq.

8) JLAP Articles

JLAP publishes an article in every issue of the *Louisiana Bar Journal*. Topics cover a very wide range of subjects and JLAP strives to provide information about current developments in mental health and addiction issues that are relevant to the legal profession.

The following *Louisiana Bar Journal* articles were published in FY 2018-2019:

- Self-Care and Toxic Clients
- JLAB By the Numbers 2017-2018
- Emotional Intelligence
- ABA Launches Well-Being Toolkit
- Speak Up and End the Stigma
- Self-Care for Lawyers and Judges

In addition to the articles published this year, you can also access a complete library of JLAB's *Bar Journal* articles at JLAB's website here: <http://louisianajlap.com/resources/ljsa-journal-articles/>.

9) 2018 ABA CoLAP

The JLAB Executive Director attended and conducted a national presentation at the 2018 ABA National Conference of Lawyers Assistance Programs (CoLAP) Annual Seminar in Charleston, South Carolina, September 25-27, 2018.

Presentations during the CoLAP Seminar included:

- ***Crafting Law Firm Culture: How Can Law Firms and Legal Employers Create Organizations That Prioritize Well-Being?***
Mike Ethridge, JD – Ethridge Law Group
Lisa Smith, JD – Patterson, Belknap, Webb, Tyler, LLP
Eileen Travis, LCSW – Director, NYC Bar Association Lawyer Assistance Program
- ***How Trauma-Informed Care Can Benefit LAP Clients***
Laurie Besden, JD – Lawyers Concerned for Lawyers of Pennsylvania, Inc.
Jennifer Zampogna, MD – Lawyers Concerned for Lawyers of Pennsylvania, Inc.
- ***Difficult Personality Traits Made Easy: How to Work Well with Others Who Challenge You***
Douglas Querin, Attorney Counselor – Oregon Attorney Assistance Program
Stuart Rechnitzer – Centre integre universitaire de sante et de services sociaux de l'Est-de-l'Ile-de-Montreal
- ***Professionals Track In-patient Treatment and Post-Treatment LAP Monitoring: Teamwork Creates Highly Reliable Outcomes***
Gregory Skipper, MD – Center for Professional Recovery
J.E. "Buddy" Stockwell, III, JD, Executive Director – Louisiana Judges and Lawyers Assistance Program, Inc.
- ***Reward Deficiency Syndrome, Hypoglycemia and Why I Like Dessert Receptions***
Lyle Fried, CAP, ICADC, Chief Executive Director – Shores Treatment and Recovery
Thomas Roman, JD, Community Liaison – The Shores Treatment and Recovery
- ***Effectively Counseling Clients Experiencing Grief and Loss***
Michael Kahn, JD, LPC – ReelTime Creative Learning Experiences

- ***Alternatives in Treatment***
Erin Aubrey, Music Therapist – JourneyPure
Phil Herndon, Clinical Director, Men’s Professional Program – JourneyPure
- ***Character & Fitness Investigations: Part of the Problem or Part of the Solution?***
Janet Stearns, Dean of Students and Lecturer of Law – Univ of Miami Law School
Sondra Tennessee, Assoc Dean for Student Affairs – Univ of Houston Law Center
Matthew Samuelson, Dir of Test Operations – Natl Conference of Bar Examiners
- ***Hero's Journey of Adult ADHD in Psychoeducation Groups***
Greg Crosby, MA, LPC. CGP, FAGPA – Author: Transforming ADHD
Bryan Welch, Attorney Counselor – Oregon Attorney Assistance Program
- ***Compassion Fatigue and Provider Resilience/Bouncing Back from Burnout***
Laura Mahr, Esq. – Conscious Legal Minds, LLC
Jaime W. Vinck, MC, LPC, NCC. CEIP, Chief Executive Officer – Sierra Tucson
- ***Power in the Helping Profession: The New Rules of Engagement in the 21st Century***
Alexandra Katehakis, PhD, LMFT – Center for Healthy Sex
- ***Wellness in "Reel Life" - What Lawyers Can Learn from the Movies About Self-Awareness and Self-Care***
Michael Kahn, JD, LPC – Reel Time Creative Learning Experiences
- ***Cultivating 360 Degrees of Connection with Mindfulness***
Laura Mahr, Esq. – Conscious Legal Minds, LLC
- ***The Full Weight of the Law: How Legal Professionals Can Recognize and Rebound from Depression***
Jeffrey Fortgang, PhD, LADC-A – Lawyer Concerned for Lawyers of Massachusetts
Shawn Healy, PhD – Lawyers Concerned for Lawyers of Massachusetts
Katherine Myers, JD – First Circuit Solicitors Office

10) Federation of State Physician Health Programs (FSPHP)

In order to stay abreast of cutting-edge clinical and medical information for professional peer-support programs, and pursuant to the recommendations of the 2015 JLAP Audit, the JLAP Director and JLAP’s Clinical Staff attended the 2019 Federation of State Physician Health Programs (FSPHP) Annual Education Conference and Business Meeting in Ft. Worth, Texas on April 24 - 27, 2019.

The following presentations were made:

- ***Preventing Physician Suicide: What You Can Do to Save a Life***
Michael F. Myers, MD
- ***Transforming Boundaries Will Transform Your Life***
Sarri Gilman, LMFT

- ***Confidentiality of PHP Records: 42 CFR Part 2, Peer Review & HIPAA***
Stacy Cook, Esq.
- ***Support for Healthcare Professionals with Substance Use Disorders***
Penelope P. Ziegler, MD, DFASAM
Mary Raum, MD
Chris Bundy, MD, MPH
Michael McCormick, DO
- ***Physician Health and Fitness for Duty: An Exploration of Outcomes and Next Steps***
Reid Finlayson, MD
Michael Baron, MD, MPH
Richard J. Iannelli, PhD
Ron Neufeld, BSW, LADAC
- ***Challenges in Navigating Disability Discrimination and Privacy Laws in Addressing Physician Health***
Richard Barton, Esq.
Natalie V. Mueller, Esq.
Julian J.G. Lean, Esq.
Rachael Harrington, JD
- ***PHP Directors, Case Managers and Staff are invited to discuss stressors and strains of PHP work including difficult conversations.*** Co-Facilitated by
Maureen Dinnan, Esq.
Penny Ziegler, MD
- ***Creating a Due Process for Clients: A Process for Addressing Participant Resistance and Complaints***
Joseph Jordan, PhD
Brian Blankenship, JD
- ***Tips for Successful Advocacy for Modernizing State Licensing Board Questions on Mental Health***
Eileen Barrett, MD, MPH, FHM, FACP
- ***If Rainman Were a Doctor: High Functioning Autism in Physicians***
Scott Humphreys, MD
- ***Understanding the Importance of Accurately Diagnosing and Treating ADHD in Addicted Healthcare Professionals***
Brad H. Sokal, PhD
Joseph E. Schumacker PhD
Michael W. Wilkerson, MD, FASAM
Don Cornelius, MD

- ***Neurocognitive Assessment of PHP involved Physicians***
Benjamin R. Phalin, PhD
Scott Teitelbaum, MD
- ***Evidence-Based Method for Assessing and Monitoring Suicide Risk in Physicians***
Sally Moody, LCSW
Lacey Herrington, PhD
- ***Bias in the Evaluation of Physicians: Sources and Solutions***
Michael H. Gendel, MD
- ***Addiction and its Complex Interaction with Mental Health and Trauma; Framework Data Implication in Assessment and Referral to Appropriate Treatment***
Michel Sucher, MD, FASAM
Michael Baron, MD
Sherry Young, PhD, CSAT
- ***Physician Well-Being Initiatives***
Timothy Brigham, MDiv, PhD
- ***Caring for Ourselves and Each Other in the High Stakes Universe of Physician Health***
Mel Pohl, MD, DFASAM
Chris Bundy, MD, MPH
Laura Moss, MD
Doina Lupea, MD, MHSc
- ***Accountability in the 21st Century: A Canadian Experience***
Doina Lupea, MD , MHSc
Joy Albuquerque, MD , MA
- ***Do PHPs Use Contingency Management Theory?***
Paul H. Earley, MD, DFASAM
- ***Eating, Drugs and Sex: How to Evaluate and Follow Process Addictions***
Fran Langdon, MD, ABAM
- ***The Late Career Physician: What Will be the Impact on Patient Care?***
Panelists:
Chris Bundy, MD, President-Elect – Federation of State Physician Health Programs
Paul Earley, MD, President – Federation of State Physician Health Programs
Paul H. Wick, MD, Immed Past Chair – Sr Physicians Sec. Governing Council, AMA
Moderator:
Scott A. Steingard, DO
- ***State Medical Boards and PHPs Next Steps to Improve Physician Wellness***
Arthur S. Hengerer, MD
Thomas Mansfield, JD
Doris Gunderson, MD

This annual conference brings together the nation's leading addiction and mental health experts in the realm of professionals' programming. State Physicians Health Programs, Nurses Programs and representatives from Airline Pilots' and Lawyers' programs are all updated on the very latest issues and information regarding best-practices in clinical evaluations, assessments, treatment and peer-support recovery monitoring by professionals' programs like JLAP.

The FSPHP conference ensures that JLAP's clinical policies and procedures are reviewed annually and adjusted as JLAP deems necessary to provide the very best clinical services possible.

11) Excellent Client Testimonials in all Categories of JLAP's Services

In all realms of JLAP's services, JLAP receives feedback from the profession that confirms JLAP is delivering top quality services that make truly valuable differences in the lives of our Bar members.

Below are samples of routine feedback to JLAP in various categories of JLAP Services:

A) Sample Feedback: Confidential Addiction and Mental Health Clinical Services

In this category, JLAP's assistance involves totally voluntary cases wherein the person knows they have a problem and they came to JLAP in total confidence on their own accord. They wanted JLAP's help. They are grateful at the outset for JLAP's support.

Here are some examples of feedback in these totally voluntary cases:

"I really appreciate your talking with me today. You were a life ring in a stormy sea for me. "

"Thank you! I love living the recovery life and thank you for JLAP. "

"I wanted to sincerely thank you for all the support, help and advice you gave me the past few weeks. They have been nothing short of a struggle, but I could not have done it without you and JLAP's wonderful resources!"

B) Sample Feedback: Addiction and Mental Health Services When Referred to JLAP

In this category, JLAP's help involves cases wherein the person has been referred to JLAP by some other party such as their employer, the Office of the Disciplinary Counsel, or the Supreme Court's Committee on Bar Admissions.

Here are some examples of feedback in formal referral cases.

"I couldn't be more content with the directions the program has taken me. I had a great chat with Mr. Buddy before my Hearing last Friday and just listening to him let me know the track I'm on is the right one for me."

“Jennifer, I want to thank you for sticking by me and giving me multiple second chances. Thank you for assisting me in getting the tools I need to live a happy life. I can handle anything life throws at me and do so sober.”

“I would like to personally thank you for everything that you have done over the last several years. I will be forever grateful for the role of the Judges and Lawyers Assistance Program because without the program and the monitoring agreement, that I was so resentful of just three years ago, I could have never experienced anything like the benefits that continue to flow.”

C) Sample Feedback: Continuing Legal Education Presentations

“Truly excellent!!”

“Buddy Stockwell’s presentation should be mandatory for all bar members.”

“Buddy presented material in an accessible and relatable way. The BEST wellness CLE I've attended.”

D) Sample Feedback: Camp JLAP

“This was the most pleasant and informative CLE Seminar I have attended in 20+ years of practice.”

“It was really nice to fellowship with peers who have already gone through what I am experiencing now. It's very reassuring to know that you can come out of addiction and discipline and be successful.”

“This program was extremely helpful in providing info relevant to my current status in the legal community. The ability to fellowship as well with lawyers in recovery was also very helpful.”

IV. SUMMARY

JLAP’s highly specialized clinical expertise in “professionals’ peer-support programming” produces one-of-a-kind services for the legal profession in Louisiana. The fabric of Louisiana’s specialized Recovery Community of legal professionals, and the LSBA’s Committee on Alcohol and Drug Abuse in support of that community, is very robust and represents literally hundreds of collective years of personal recovery and over three decades of effective peer-support.

When you call JLAP and speak to a member of its professional staff, you are not simply talking to a counselor or drug screening service, etc. Instead, you are accessing the real time knowledge

and support of hundreds of top experts and volunteers who support JLAP directly with a focus exclusively on the specific clinical needs of licensed professionals.

While the general public suffers addiction relapse and failure rates as high as 80%, a call to JLAP wholly reverses those odds and supports a higher than 80% success rate. No other provider can match that level of success in both saving lives and careers and protecting the public by reliably assuring recovery and fitness-to-practice.


JLAP's accomplishments emanate from steadfast dedication, but none of it could be possible without solid support and vigorous endorsements from the entire legal profession. JLAP is extremely grateful for the following:

- 1) strong governance and full, stable funding from the LSBA;
- 2) program utilization and funding from the Louisiana Supreme Court;
- 3) program utilization from the Louisiana Disciplinary Board;
- 4) program utilization from the Office of the Disciplinary Counsel;
- 5) program utilization from the LASC Committee on Bar Admissions;
- 6) program utilization from the Judiciary Commission;
- 7) program utilization from Loyola, LSU, Southern, and Tulane Law Schools; and,
- 8) program utilization from the professional liability insurance carrier Gilsbar.

JLAP looks forward to next year and continuing its quest to provide the most comprehensive and effective programming possible. JLAP will continue to promote new well-being and wellness education to the entire profession so as to improve the lives of all members of the Bar, while concurrently providing top-tier assistance to those who have developed a mental health or substance use issue and need JLAP's confidential assistance.

Whenever an individual in need reaches out for help, JLAP will always be there!

Respectfully Submitted,



Joseph L. "Larry" Shea, Jr., President



J.E. "Buddy" Stockwell III, Executive Director