



JLAP's Services

- Information and consultation for any concerned judge, lawyer, law partner, family member, or friend.
- Assistance with early identification of impairment.
- Referrals to assessments and treatment professionals who specialize in working with attorneys.
- Interventions by Certified Clinical Interventionists.
- Recovery Monitoring which allows participants to demonstrate an objective record of successful recovery.
- MCLE approved educational programs on wellness, substance use issues, stress, anxiety, depression, and compassion fatigue.

Mission: The Judges and Lawyers Assistance Program, Inc. (JLAP) serves the public, the Bar, and the profession by confidentially assisting lawyers or judges whose professional impairment may result from alcohol, drug abuse, or mental illness.

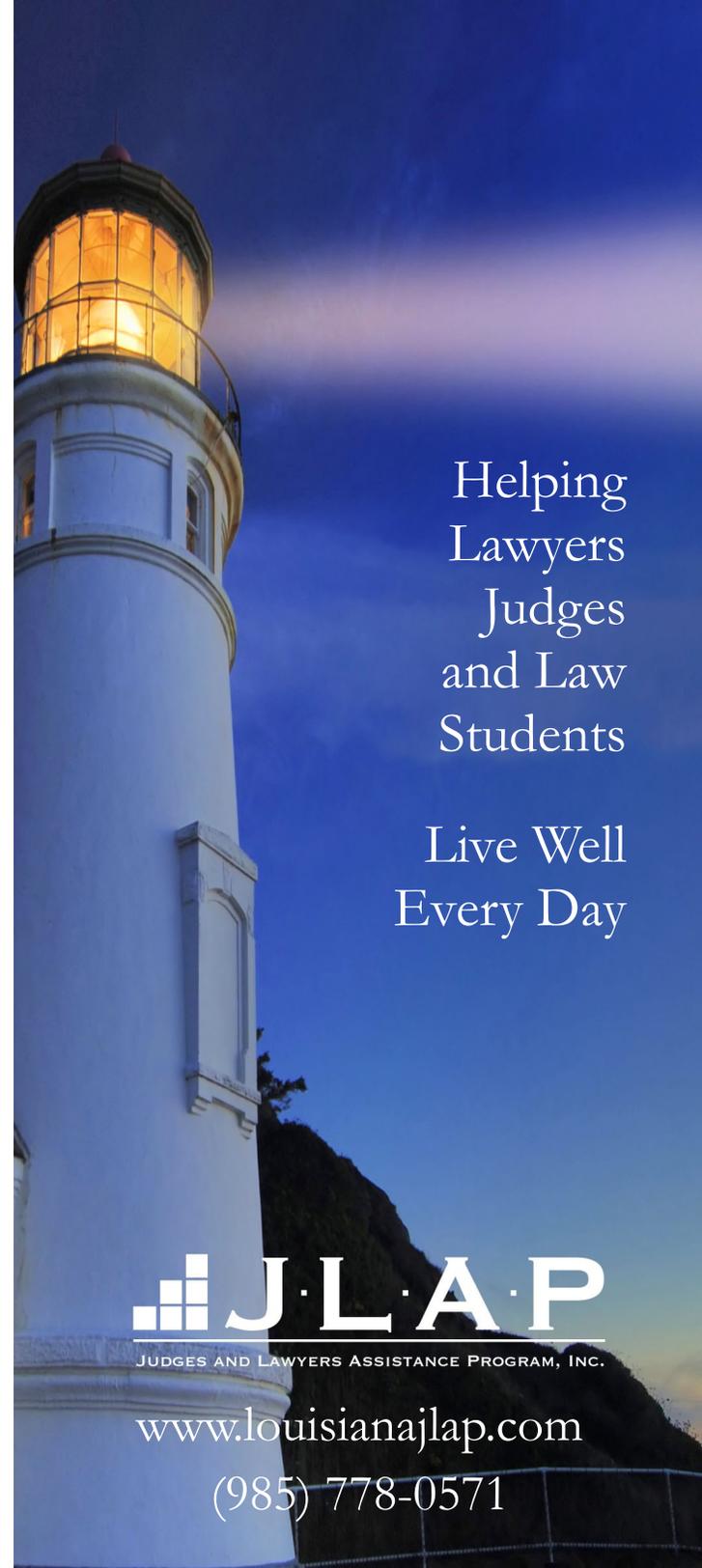
Confidentiality: JLAP is an absolutely confidential method of providing help to an impaired lawyer or judge. Pursuant to La. R.S. 37:221 and La. Supreme Court Rule XIX, Sec. 16(J), any information received by JLAP must remain completely confidential and privileged as a matter of law.

**For more information on JLAP's
free and confidential services, contact:**



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Helping
Lawyers
Judges
and Law
Students

Live Well
Every Day



www.louisianajlap.com

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The practice of Law is demanding.

It requires attorneys to dedicate enormous amounts of their time, energy, and attention as they work to ensure positive outcomes for others. Dedicated attorneys and judges often find themselves forsaking their own well-being to achieve professional success. These sacrifices, many times seen as necessary, can lead to declining satisfaction personally and professionally and often takes a heavy toll on one's mental and physical health.

Happy(er) Healthy(er) legal professionals are our goal.

Research demonstrates that lawyers and judges experience mental health and addiction at higher rates than the general population. Overwhelming stress, depression, anxiety, or alcohol or drug problems are frequent issues lawyers and judges face. JLAP has a proven record of helping attorneys overcome their struggles and return to health and wellness.



Insist on better.

Feeling better and doing better are achievable goals. JLAP can help. Our services promote increased mental, emotional, and physical health. JLAP's clinical staff works to provide the legal community with support, direction, referral and assistance. Call JLAP for a free consultation on ways to improve your personal and professional well-being.

Why call JLAP?

- Do you feel things are not quite right or could be going better?
- Are you struggling to keep up with life, personally or professionally?
- Are you having problems with sleep, concentration, procrastination or pessimism?
- Are you engaging in unhealthy addictive behaviors?
- Do you feel like you've lost control?

“The JLAP program made a huge difference in my life. I was happy to speak to someone who had a real plan to help.”

Confidentiality is key.

Personal problems are hard to talk about, especially for an attorney. JLAP treats each request for help with the same confidentiality as the lawyer-client relationship. JLAP's staff and our trained volunteers are exempt from reporting professional misconduct to the Office of Disciplinary Counsel under the provisions of La. R.S. 37:221. We have expertise in addressing the complicated issues faced by lawyers, judges, law students and their families.