

## THE TREATABLE ILLNESS

Alcoholism/drug addiction is not a moral issue, but rather it is a **treatable** illness.

Chemical dependency is a chemical brain disease that may be arrested (not cured) by treatment.

Some symptoms of dependency are:

- the inability to guarantee one's actions after starting to drink or use drugs;
- deteriorating health accompanying a pattern of heavy drinking or drugging;
- impaired ability to concentrate;
- disrupted personal relationships;
- denial that drinking or drugs is a problem when it is obvious to others; or,
- defiance, impatience, intolerance, impulsiveness and depression.



## CHEMICAL DEPENDENCY IS A PROGRESSIVE DISEASE; IT ONLY GETS WORSE, NEVER BETTER.

Once a person becomes chemically dependent, there exists a condition of anxiety relieved only by a drink or a drug and which, once relieved, sets up the demand for more. Protracted alcohol and drug abuse can cause chemical changes in the brain. Once that occurs the result is chemical dependency, a chronic condition that can be successfully treated but never cured.

### HAVE YOU EVER WISHED...

Have you ever wished that you could sit down and talk in complete confidence with someone about your law practice; someone whose drinking or drug problem may have been worse than yours; someone who call tell you what drinking/use of drugs did to his or her practice, family and health; or perhaps just someone to listen with an understanding heart rather than with judgment and condemnation?

Have you ever thought what a relief it would be, without any cost whatsoever, to be able to talk frankly and in total confidence with just such a person—a person who is solving problems just like yours and has been restored to a happy and healthy life? If so, then call:

J.E. "Buddy" Stockwell III

Executive Director



1405 W. Causeway Approach  
Mandeville, Louisiana 70471

Phone: 985-778-0571

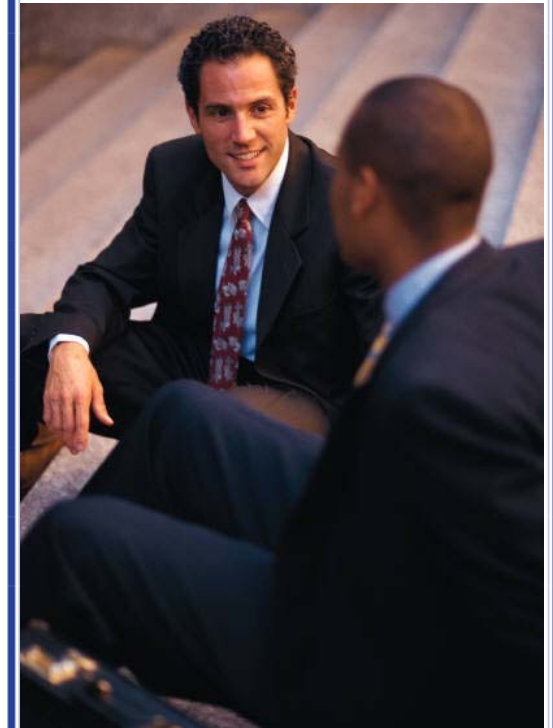
Toll-Free: 866-354-9334

Fax: 985-778-0574

E-mail: LAP@louisianalap.com

www.louisianalap.com

## ALCOHOLISM & DRUG ADDICTION IN THE LEGAL PROFESSION



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Mandeville, Louisiana 70471  
985-778-0571/Fax: 985-778-0574

Toll-Free: 866-354-9334

E-mail: LAP@louisianalap.com

www.louisianalap.com

## SOBERING STATISTICS:

- Nearly 18 million Americans suffer from the disease of alcoholism/drug addiction and abuse.
- Records show a 15% or greater rate of alcoholism/drug addiction among lawyers and judges.

Recognizing this acute social and medical problem, the Lawyers Assistance Program, Inc. (LAP) has been established to offer confidential assistance to lawyers and judges whose personal and professional lives are threatened by the impact of problems caused by alcoholism/drug addiction.

## CONFIDENTIAL HELP FROM FELLOW LAWYERS IS A PHONE CALL AWAY



If you, a lawyer, or a judge you know needs confidential assistance with an alcohol or drug problem, call LAP now!

## DO I HAVE THIS ILLNESS? (BE HONEST WITH YOURSELF)

- |                                                                                                                                            |     |    |
|--------------------------------------------------------------------------------------------------------------------------------------------|-----|----|
| 1) Are your associates, clients, secretary or family alleging that your drinking or drug use is interfering with your work?                | YES | NO |
| 2) Have you failed to show up at the office or court because of a hangover?                                                                | YES | NO |
| 3) Are you drinking or using drugs during the work day?                                                                                    | YES | NO |
| 4) Have you commingled, borrowed, or otherwise misused clients' trust or escrow?                                                           | YES | NO |
| 5) Are you missing deadlines, neglecting to process mail, failing to keep appointments, or dilatory in returning phone calls?              | YES | NO |
| 6) Do you ever crave a drink or need a "fix" to steady your nerves?                                                                        | YES | NO |
| 7) Have you ever lied to cover up your drinking or drug use?                                                                               | YES | NO |
| 8) Have you consumed alcohol or used drugs before a meeting or court appearance to calm your nerves, gain courage, or improve performance? | YES | NO |
| 9) Have you experienced a loss of memory (blackout) after drinking or drug use?                                                            | YES | NO |
| 10) Have you wished people would mind their own business and "get off your back" about your drinking or drug use?                          | YES | NO |

If you have answered YES to two or more questions, then you owe it to yourself, your family, your clients and your profession to call the Lawyers Assistance Program, Inc.

## COMPLETELY CONFIDENTIAL

### How it Works:

- An attorney or judge with a problem can call for immediate assistance.
- Concerned colleagues, judges, friends or family members can call for assistance in learning to deal with and help the attorney or judge who has a problem.
- All calls are confidential by law.



## YOU MAKE THE CALL

**IF** you are concerned about your own use of alcohol/drugs;

**IF** you are concerned about the use of alcohol/drugs by a fellow attorney or judge; **THEN**, make a confidential call to the Lawyers Assistance Program, Inc.

Our goal is to prevent damaged careers and reputations by providing confidential assistance in the form of insight, education, referrals to sources of professional help, and support during the recovery process so as to restore personal health and professional confidence.